



# Prairie Central FASD Association 2018-2019 AGM

*June 19, 2019*

## AGENDA

- i. Call to order
- ii. Introductions
- iii. Approval of the agenda
- iv. Approval of the minutes from June 20, 2018
- v. Chairperson Report
- vi. Executive Director Report
- vii. Review of Financial Statements
- viii. Appointment of Auditor for 2019-2020
- ix. Nomination and Election of Officers
- x. Presentation: Dr. Garth Stewart- FASD Assessment & Diagnosis

## Mission

*Ensuring services are coordinated and facilitated for individuals impacted by Fetal Alcohol Spectrum Disorder.*

## Vision

A culture of community acceptance exists where every person impacted by FASD has their needs met in meaningful ways.

## Report from Chairperson: Brenda Nelson

Good morning,

Welcome to the 2018-2019, Prairie Central FASD Association Annual General Meeting.

I am Brenda Nelson, the Chairperson for the association. On behalf of our leadership Council, I would like to thank you for attending today. It is great to be here and see the partnerships in person!

This year, the Council's primary focus was on growing a sustainable organization. The FASD Network model has been in place for 12 years. Over the past decade, Prairie Central has undergone significant change and growth. The province has committed to the continuation of this service model and has provided annualized funding. Therefore, Prairie Central FASD Association has been focused on strengthening its foundation to ensure sustainability moving forward. This will help set the stage for future development and growth opportunities. We have continued to strive for autonomy and have taken more positive steps toward such within this past year.

Like other Networks, in the province, Prairie Central FASD Association is aligned with the Alberta FASD Strategic and Operational Plan and is guided by key direction setting documents and evaluated best practices. In order to ensure cohesion with operating grant policies and these imperative documents, this past year has focused on internal operations.

Our goal is to have FASD informed communities. Our Prevention Conversation program has seen much growth and we are better positioned to provide education and supports directly to agencies, community groups and families. Our Assessment and Diagnosis teams continue to flex and grow, and the Network has continued to provide funding to contracted service providers across the region, to deliver localized prevention and support services.

We are proud to work with dedicated, caring, individuals and organizations across our region. From government, to service providers, to community stakeholders, there is a genuine focus on FASD prevention and support. This year alone, we have provided direct services to **357** individuals and caregivers affected by FASD. In addition, we reached **20,200** individuals through media and community development initiatives and **561** through direct education and training. This work would not be possible without the dedication of our Council members, Employees, Contracted Service Providers and the ongoing support of our Partners and Community Stakeholders.

Our success is your success. Thanks to all of you for your dedication and commitment to these individuals and families affected by FASD. We look forward to our continued collaboration!

**Prairie Central FASD Association Council**

**AGM Meeting Minutes**

June 20, 2018

**In Attendance:**

**Council Members** – Brenda Nelson, Laurie Jansen, Michelle Broekhuizen, Sherry Lehman

**Employees of the Organization** – Stacy Graff, Karen Bovencamp-Manning, Jenn Willes, Amanda Lindholm

**Guests/Members** – Cathy Cross, Tammy Corsiatto, Tanis Halback, Lynne Jenkinson, Brooke Grove, Paula Iverson, Lori Marchand, Sheena Lawlor, Sheila Krewitt, Lavonne Lumb, Misty Duckett, John Fernhout

- i. **Call To Order:** 12:45pm
- ii. **Introductions**
- iii. **Approval of Agenda:** Laurie approved the agenda
- iv. **Approval of Minutes:** Correction to the minutes to replace Amber Lindholm with Amanda.  
Moved by Michelle Broekhuizen /Seconded by Lori Marchand.
- v. **Chairperson Report:** Brenda Nelson read her report as distributed.
- vi. **Executive Report:** Stacy Graff read her report as distributed.
- vii. **Review of Financial Statements:** The Financial Summary is presented for information only.  
The Audit has not been completed and will be available for distribution at a later date.
- viii. **Appointment of Auditor for 2018- 2019** – Motioned by Laurie Jansen/Seconded by Michelle Broekhuizen to appoint Grant Thornton as the Auditor for 2018 – 2019.
- ix. **Nomination and Election of Officers:**  
Treasurer position – Michelle Broekhuizen nominated as Treasurer. DECLINED.  
No one came forward. Council will actively recruit to this position.
- x. Presentation by Kevin John.
- xi. AGM Concludes: 2:15pm

## Executive Director Report

This year at Prairie Central has been one full of transitions and partnerships! We have had the opportunity to branch out and become our own entity. This has provided great capacity for autonomy and will continue to increase opportunities for growth!

The amalgamation of our East and West Clinics into one traveling clinic has proven to be a great success! This has been made possible through much dedication and work from our Clinic Coordinator, Amanda Lindholm, and our excellent travelling team of Physicians, Psychologists, and Auxiliary team members. We have also expanded our clinic team to include our Educator to provide consultative services, increasing the complete care this team offers. The traveling clinic continues to grow and provide services across our broad region. Thank you to all who continue to make this a possibility!

Our Pediatric Assessment team grew to include Dr. Melissa Gross this year, Welcome! We have been fortunate enough to work with a dedicated team that realizes the importance of early intervention. Thank you to the entire team!

The Prevention Conversation has done incredible work with our extensive area! Reaching many isolated communities, as well as larger centres, to ensure that information is blanketed across our region. Speaking to families, students, educators, various professionals, and also receiving specific speaking invitations from Provincial Conferences such as the Literacy & Learning Symposium for the provincial Community Adult Learning Program (CALP)! Thank you to our Prevention Conversation Faciliator Jennifer Willes for continuing to provide informative, engaging, and flexible presentations!

The Contracted Agencies have displayed passionate, dedicated, and creative work! The reports that cycle through are indicative of the excellent work that is being done across our area. The creativity and effort that goes above and beyond is clear to see in the meetings, emails, reports and telephone calls. Thank you to the Directors, Program Managers, Front line workers, and all involved....You are making a difference!!

We look forward to continuing these partnerships and collaborations. We are stronger together!



# 2018-2019 Highlights

Served 16 individuals  
through Level 3/4  
Prevention (non-PCAP)

Reached 20,200 through  
29 media/community  
development initiatives  
AND Reached 561 in 33  
Training Sessions

Served 61 individuals  
through Level 3/4  
Prevention (PCAP)

Provided support to 38  
Caregivers

Provided support to 162  
Individuals

Provided an FASD  
assessment for 47  
individuals

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## Increased Internal Capacity

- New 'store-front' location.
- Restructured the Administrative and Financial Management
- Gave complete autonomy to the Prairie Central FASD Association, including financial and administrative control.
- Restructured Internal Processes
- Reduced Human Resources risk
- Provide stability and security to employees
- Clinic amalgamation success continues to grow; traveling clinic allows more Ax's to be completed and is expanding continuously.
- The Prevention Conversation Facilitator consultative services capacity has increased to include our adult Ax clinic, various professionals, educators, caregivers, etc.
- Underwent successful GOA Policy Review

### Education and Community Development

- 94% of **professionals** who attended training agreed or strongly agreed that they intended to incorporate what [they] learned in [their] practice/work
- 93% of **professionals** stated that their knowledge about FASD strategies increased.
- 100% of **community members** surveyed have a better understanding of the FASD disability, understand the importance of abstaining from alcohol in current and future pregnancies, and intend to support their friends/family who may be pregnant or intend to be pregnant, in abstaining from alcohol.
- 95% of **youth** understood how sex and drinking can cause FASD following training.
- 96% of **youth** have a better understanding of FASD
- 93% of **youth** intend to be safe and keep others safe, regarding sex and drinking.
- Was specifically asked to present at the Literacy & Learning Symposium (provincial professional development for the Community Adult Learning Program (CALP)



### Parent Child Assistance Program (PCAP)

- In the community of Montana First Nation, traditional parenting courses are being held, as well as the Community and PCAP Garden continues to be a success as well- Elders in the community of Montana support prenatal and PCAP clients in this endeavor.
- The Camrose Association for Community Living PCAP program has celebrated sobriety milestones and healthy babies delivered! As well as parents consistently visiting while their children are in care, and participants working towards post-secondary aspirations!
- Midwest has had program participants achieve significant stabilizing factors such as secure housing, successfully registering in GED and employment training programs, and also accessing child care subsidy and reliable placement.
- CSS Wetaskiwin's Non-PCAP program has seen the delivery of a healthy baby with no FASD suspected!



## Support Services

- Services often are going 'above and beyond' to ensure client's needs are being met. This may mean travel outside of the region to access supports, appointments or services, telephone support while transitioning, and other various creative means to support people in need.
- McMan indicated that 100% of the clients surveyed felt that as a result of being a part of the program, they felt more at ease navigating the various systems/services, they have gained a better understanding of FASD, and that they had received emotional and functional support from the FASD Outreach worker.
- Support staff are developing relationships with clients that allow for trust, safe discussions, and support; this ensuring that client children are supported and safe as well. The Open Door has supported safety plans with clients and their children.
- CSS Wainwright continues to offer a very successful Caregivers support group, including a partnership that allows for access to childcare! As well as a Life skills group that provides important information, practice, and social engagements.
- Agencies continue to support individuals through the justice system; CSS Wetaskiwin also works closely with Native Counselling to ensure they have proper advocacy in place.

*Support Services focus on prevention; prevention of loss of housing, prevention of reincarceration, prevention of potential conflicts in relationships and social situations. Staff have noted that a focus on prevention leads to a decrease in crisis.*



## **Assessment and Diagnosis**

### **Adult Assessment**

The adult assessment clinic is currently running two assessment teams and one clinic coordinator. The west team is comprised of a Physician (Dr. Sam Ogbeide), psychologist (Dr. Garth Stewart), nurse (Jen Willes RN), mental health therapist and psychiatric nurse (Justin Miskolzie RN), addictions counsellor (Julia Wolney) and a representative from Alberta Supports (Del Marlow). The East team is comprised of a Physician (Dr. Vernon Naidoo), Psychologist (Dr. Garth Stewart), nurse (Jen Willes), FASD support worker (Paula Iverson) and a mental health therapist (Wendy Martin). The assessment clinic is incredibly fortunate to have a compliment of highly educated and diverse team members. The diverse training and expertise the auxiliary and ore members bring to the assessment table has been invaluable.

In the 2018/2019 year 33 adults were seen by the Adult assessment team. This is an increase of 13 people from the previous year. 10 adults received the diagnosis of FASD without sentinel facial features, 9 received FASD with sentinel facial features. Two client's diagnoses were deferred and 14 did not receive a diagnosis of FASD but received other diagnoses, despite having clear confirmation of PAE in majority of the cases.

We are still seeing a wide range of neurological profiles and it underlines the diversity we see in people prenatally exposed to alcohol. One of our clients had a clearly reported prenatal history to significant alcohol exposure as well as positive for sentinel facial features but did not meet any of the domains to qualify for a diagnosis of FASD and scored high average and superior on some of the tests. This highlights for us that no two people are alike and the potential effects from alcohol exposure prenatally are unpredictable and can vary greatly from person to person.

### **Pediatric Assessment**

Our Pediatric Assessment team grew to include Dr. Melissa Gross this 2018/2019 year. We welcomed her in the fall of 2018, and we are very excited to have her on board!

14 Pediatric Assessments were completed this year, and this clinic currently has a two year wait list.

Some members from our Pediatric Clinic Team and our Physician also attended specific FASD and FASD Assessment Training throughout Alberta and British Columbia. This included the International Meeting on Indigenous Child Health.



# 2018-2019 Financial Summary

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Bank Balance as of April 1, 2018 (balance forward)	\$492,719.51
<b>Revenue</b>	
Operating Grant	\$1,269,812.12
Bank Interest	\$0.00
Other Income (contractor surplus, miscellaneous)	\$0.00
<b>Total Revenue</b>	<b>\$1,269,812.12</b>
<b>Expenditures</b>	
Administration and Awareness	\$132,773.67
Assessment and Diagnosis	\$245,935.28
Prevention (PCAP and Prevention Conversation)	\$510,632.48
Support Services	\$368,900.00
<b>Total Expenditures</b>	<b>1,258,241.43</b>
<b>Total Revenue – Total Expenditures</b>	<b>\$11,570.69</b>
Bank Balance as of March 31, 2019	<b>\$128,279.82</b> <b>(O/S Cheques \$82,334.98)</b>
<b>Difference + Opening Bank Balance</b>	<b>\$504,290.20</b>

<b>GIC</b>	
GIC Non-Redeemable as of March 31, 2019	\$50,000.00
GIC Non-Redeemable as of March 31, 2019	\$58,227.66
<b>Total GIC Non-Redeemable</b>	<b>\$108,227.66</b>
GIC Redeemed January 2019	\$43,023.35
GIC Redeemed January 2019	\$93,560.00
GIC Redeemed January 2019	\$123,816.80
<b>Total GIC Redeemed</b>	<b>\$260,400.15</b>
<b>GIC Redeemed Expenditures</b>	
GIC Special Projects- Lakeland Telehealth Ax Clinic	\$125,000.00
GIC Miscellaneous – Missed Payment McMan Q4 2017/2018 Fiscal Year	\$22,760.00
<b>Total GIC Redeemed Expenditures</b>	<b>\$147,760.0</b>
<b>Balance of GIC Redeemed</b>	<b>\$112,640.15</b>
<b>Total GIC Redeemed Remaining (Holding Account – Vision Credit Union) as of March 31, 2019</b>	<b>\$112,640.15</b>

\*GIC Funds are GOA funds, NOT PC-FASD Revenue

# Acknowledgements for Our Partners, Stakeholders, Staff and Leadership Council

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Leadership Council	Special Thank You
<p>Brenda Nelson- Chairperson  Laurie Jansen- Vice Chair  Judith Mazankowski - Secretary/Treasurer  Sherry Lehman- Director  Colleen Pidzarko- Director  April McCorquindale – Director</p> <p><b>Staff</b>  Stacy Graff- Executive Director  Karen Bovencamp-Manning- Executive Director (covering maternity leave)  Amanda Lindholm- Clinic Coordinator  Jen Willes- Prevention Conversation Facilitator</p> <p><b>On Contract</b>  Shelley Hakes - Financial Manager  Dr. Naidoo- Physician for adult assessment  Dr. Ogbeide- Physician for adult assessment  Dr. Gross- Physician for pediatric assessment  Dr. Stewart- Psychologist for adult assessment</p>	<p>All of the Contracted Agencies and team members:  CAFCL  Camrose Open Door  Catholic Social Services  McMan  Midwest Family Services  Montana First Nation</p> <p>Lorraine McPhee and all of the Pediatric Ax Team at Alberta Health Services.  The auxiliary members of the Adult Ax Clinic Team.  Alberta Health Services  Alberta Supports  Veg AI-Drug Society  Camrose Family Resource Centre  Families, Caregivers, Friends and Individuals affected by FASD  Brooke Grove – Previous Financial Manager  FFCS - Previous Administrative Management  Michelle Broekhuizen - Previous Director  Ginette Lavigne - Previous Director  Amy Preteau – Previous Director</p>

*Thank – You!!*

*We value your dedication and partnership!!*

*We look forward to continuing our collaboration!*