

March/April
2015

PRAIRIE CENTRAL FASD ASSOC.



www.prairiecentralfasd.ca

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Highlights from the Vancouver International FASD Conference

The International FASD Conference was March 4-7 in Vancouver this year with a focus on the current research being conducted globally.

There were some key points that continued throughout the week; the biggest one being that there is still no safe consumption guideline for alcohol during pregnancy and NO alcohol during pregnancy is still the safest.

What research is showing is that there are far too many variables between individuals to be able to determine a safe baseline for alcohol consumption during pregnancy. So, No Alcohol is Best is still the take home message.

It was great to see and hear the global efforts being made around the world to educate people about the risks of prenatal alcohol exposure.

Check out the Conference Website:
<http://interprofessional.ubc.ca/FASD2015/presentations.asp>

To schedule training for your group in the **FASD Prevention Conversation** contact Amanda

Do you know of someone or suspect someone has an FASD and you need some support?

Please see our website www.prairiecentralfasd.ca for a full description of services

Prairie Central FASD Clinical Services is Now Accepting Referrals for Adult Assessment and Diagnosis

We are proud to announce that our new Adult Assessment and Diagnosis Clinic is now taking referrals.

Please contact Amber Bell @ 780 853 2211 for information

Why is a Diagnosis Important?

A question we frequently are asked is “why is diagnosis important”, especially in relation to adults. This can be a complex discussion with many different view points. What we do know is that it is a basic HUMAN RIGHT to have access to accurate, appropriate medical assessment and diagnosis that can lead to supportive treatment and interventions. An appropriate diagnosis can also validate the individual’s and family’s concerns. It gives REALISTIC expectations that can create an understanding between support persons, professionals and clinicians. Which then becomes a protective factor against secondary disabilities and can eliminate misdiagnosis. It can lead to support for the individual, their family and their mother –but is not necessarily a ‘magic wand’. Research has shown that early identification and diagnosis can result in better outcomes for individuals and families.



**Catholic Charities
Catholic Social Services
Sign of Hope**

FASD CAREGIVER SUPPORT GROUP

Location: Catholic Social Services

5206– 51 Avenue Boardroom

Wetaskiwin, Alberta

Time: 10:00 am to Noon

Date: Tuesday , March 17th 2015

Guest

Catholic Social Services is now offering monthly support sessions for Parents/ Caregivers that are raising children with FASD. This support group is intended to be a safe space to gather to discuss concerns and difficulties, provide education and network with others caring for individuals with FASD. Guest speaker on Grief and Loss Refreshments will be served

Contact person: Tanis @ 780-352-5535



PRAIRIE CENTRAL SERVICE PROVIDERS

SUPPORT SERVICES

County of Brazeau: McMan Services; Monia - 780-542-3713

County of Wetaskiwin: And Ponoka County:

Catholic Social Services; Tanis and Gloria - 780-352-5535

Camrose County (adults): Open Door; Arlene – 780-679-6803

Camrose County (children): McMan – Sherri-Lee -780-608-6676

Flagstaff County And Beaver County: McMan – Sherri-Lee - 780-608-6676

County of Vermilion River, MD of Wainwright, MD of Provost and Lloydminster:

Catholic Social Services; Paula -780-842-6899

County of Two Hills, County of Minburn and County of Lamont: WJS; Stephanie - 780-632-2332

PARENT-CHILD ASSISTANCE PROGRAM

Camrose, Tofield, Killam, Wainwright, Provost and Wetaskiwin and areas:

Camrose Association for Community Living; Stacey 780-672-0257

County of Vermilion River and the city of Lloydminster: Midwest Family Connections; Arlene 306-825-5911

ASSESSMENT AND DIAGNOSIS

Children and Youth: Covers entire Prairie Central Region. Alberta Health Services; Mavis 780-608-8614

Adults: Covers entire Prairie Central Region;

Central AB FASD Assessment and Diagnostic Clinic; Trina 403-309-5648

Prairie Central FASD Clinical Services; Amber 780-853-2211